

# Nebraska Licensee Assistance Program

A benefit for State of Nebraska professional health service licensees,  
certificate holders and registrants



## Professional Assistance for Health Service Professionals

You or someone you know may be a Nebraska health service professional impacted by alcohol/drug abuse or addiction. Continued alcohol/drug use could cause serious personal or practice problems. Consultation and assistance are available through the Nebraska Licensee Assistance Program (NE LAP) for health service professionals dealing with alcohol/drug abuse or addiction.

Many health service professionals are at an increased risk for alcohol/drug abuse or addiction. Professional demands, compounded by the unique aspects of practice-related factors, can increase the chances that a professional will abuse alcohol or drugs. If allowed to continue, many professionals may find themselves in a cycle of addiction which can adversely affect their personal lives and jeopardize their professional careers.

A variety of professional alcohol/drug abuse and addiction assistance services have been made available specifically for health service professionals regulated by the State of Nebraska, Division of Public Health, Licensure Unit. The Nebraska Department of Administrative Services has contracted with Best Care Employee Assistance Program to provide the NE LAP as a professional resource for Nebraska licensees, certificate holders and registrants.



This activity is supported, in whole or part, under contract with the Nebraska Department of Administrative Services, from licensee/certificate holder/registrant fees paid to the Nebraska Department of Health and Human Services, Division of Public Health, Licensure Unit.

### NE LAP Services

The NE LAP provides professional alcohol/drug assessments, treatment recommendations and referrals, case management/monitoring and education services. These services are designed to help health service professionals obtain appropriate treatment for alcohol/drug abuse or addiction.

The NE LAP offers health service professionals an opportunity to discuss alcohol/drug abuse issues openly and confidentially with the professionally trained NE LAP Coordinator. The NE LAP Coordinator is fully qualified to provide alcohol/drug assessments and counseling and guides the professional toward a helpful understanding of the alcohol/drug abuse issues. The alcohol/drug abuse or addiction can be successfully resolved and the professional can recover a healthy personal, practice, and community life.

### Cost and Eligibility

All NE LAP services are free of charge. However, counseling, treatment or other assistance from community resources may be needed. The NE LAP Coordinator will refer professionals to the most appropriate treatment provider. These expenses are the responsibility of the professional. Alcohol/drug assessments are provided throughout the state of Nebraska and are free of charge when arranged by the NE LAP Coordinator.

Health service professionals holding a license, certification or registration from the State of Nebraska are eligible for NE LAP services. The NE LAP Coordinator or the Division of Public Health Licensure Unit can be contacted for further information on eligibility.

### Service Access

For more information, or to arrange a convenient appointment, call the NE LAP Coordinator Monday through Friday, 8:00a.m. to 4:30p.m. Crisis and emergency services are available twenty-four hours a day, seven days a week. You may also visit the NE LAP web site at [www.lapne.org](http://www.lapne.org).

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