

Nebraska Licensee Assistance Program

A benefit for State of Nebraska professional health and health-related service licensees, certificate holders and registrants



Professional Assistance for Health Service Professionals

A variety of professional alcohol and substance use assistance services have been made available specifically for licensees, certificate holders and registrants (credential holders) issued a credential by the State of Nebraska Health and Human Services, Division of Public Health, Licensure Unit. The Nebraska Department of Administrative Services has contracted with Best Care Employee Assistance Program to provide the Nebraska Licensee Assistance Program (NE LAP) as a professional alcohol and substance use assistance resource for Nebraska credential holders.

Credential holders are at an increased risk for alcohol and other substance use disorders. Professional demands, compounded by the unique aspects of practice-related factors, can increase the chances that a credential holder will misuse alcohol or drugs. If allowed to continue, many credential holders may find themselves in a cycle of an alcohol or substance use disorder which can adversely affect their personal lives and jeopardize their professional careers.

You, or someone you know, may be a credential holder being adversely impacted by alcohol or substance use, and continued alcohol or substance use could cause even more serious personal or professional practice problems. The NE LAP services are available for assistance with these types of situations.



This activity is supported, in whole or part, under contract with the Nebraska Department of Administrative Services, from licensee, certificate holder and registrant fees paid to the Nebraska Department of Health and Human Services, Division of Public Health, Licensure Unit.

Services

The NE LAP provides professional alcohol and substance use assessments, treatment recommendations and referral assistance, case management/monitoring and educational sessions.

The NE LAP offers credential holders an opportunity to discuss alcohol and substance use issues openly and confidentially with the professionally trained NE LAP staff. NE LAP staff are fully qualified to provide alcohol and substance use assessments and can guide credential holders toward a helpful understanding of their alcohol or substance use problems. With the assistance of the NE LAP and treatment providers, alcohol and substance use problems can be successfully resolved and credential holders can recover healthy personal, professional practice, and community lives.

Cost and Eligibility

All NE LAP services are free of charge, including alcohol and substance use assessments when conducted by the NE LAP. However, alcohol and substance use counseling, treatment or other assistance from community resources may be needed. The NE LAP will refer credential holders to the most appropriate treatment provider. These expenses are the responsibility of the credential holder.

Health and health-related service professionals holding a license, certification or registration from the State of Nebraska are eligible for NE LAP services. The NE LAP or the Division of Public Health, Licensure Unit can be contacted for further information on eligibility.

Service Access

For more information, or to schedule a consultation, an alcohol or substance use assessment, or an educational session on alcohol and substance use problems, contact the NE LAP Monday through Friday from 8:00 AM to 4:30 PM. Crisis and emergency services are available twenty-four hours a day, seven days a week. You may also visit the NE LAP web site at www.lapne.org.

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