Recovery Resources During Pandemic

**Websites**

Alcoholics Anonymous
https://www.idaa.org/ (Specific to healthcare professionals in recovery)
http://aa-intergroup.org/directory.php
http://12stepforums.net/alcoholics_anonymous_online_meeting.html
https://www.aagrapevine.org/
https://www.youtube.com/channel/UCI9uFLJ_aXT3-At0PIPWUQ

Narcotics Anonymous  https://www.na.org/
http://na-recovery.org/

SMART Recovery  https://www.smartrecovery.org/

Recovery Dharma  https://recoverydharma.online/

Refuge Recovery  https://refugerecovery.org/

Women for Sobriety  https://womenforsobriety.org/

LifeRing  https://www.lifering.org/about

All Pathways  https://unityrecovery.org/digital-recovery-meetings

Cocaine Anonymous  https://ca.org/

In the Rooms  https://www.intherooms.com/home/

Valley Hope  https://valleyhope.org/events/

**Podcasts**

https://www.blogtalkradio.com/bubblehour
http://busylivingsober.com/podcasts
https://theaddictedmind.com/
https://www.thatsoberguy.com/
**Free Apps**

**AA Big Book**

**12 Steps Companion**

**Connections**
https://www.addictionpolicy.org/connections-app

**SoberGrid**
https://www.sobergrid.com/

**The WEconnect**
https://www.weconnectrecovery.com/